



WHERE  
THE  
WORLD  
COMES  
TOGETHER



SHERATON  
Cascais Resort





LOCATION





|                           |                   |
|---------------------------|-------------------|
| <i>Lisbon Airport</i>     | 38 Km<br>24 miles |
| <i>Cascais Airport</i>    | 14 Km<br>8 miles  |
| <i>Lisbon City Center</i> | 35 Km<br>23 miles |
| <i>Sintra</i>             | 21 Km<br>13 miles |
| <i>Cascais Center</i>     | 5 Km<br>3 miles   |
| <i>Guincho Beach</i>      | 3 Km<br>2 miles   |





# THE HOTEL









ACCOMMODATION





44 Premium Deluxe Rooms (32-43 m<sup>2</sup>)



73 Premium Deluxe Suites (53-73 m<sup>2</sup>)



12 Premium 2-Bedroom Suites (111 - 134 m<sup>2</sup>)



8 Superior 2 Bedroom Suite









MEETINGS & EVENTS









Aqua









Break-out Suite



Break-out Suite







| Meeting Rooms          | Area  | School | Theatre | Cabaret     | Boardroom | Cocktail | U-shape | Banquet     |              |
|------------------------|-------|--------|---------|-------------|-----------|----------|---------|-------------|--------------|
|                        |       |        |         | Rounds of 6 |           |          |         | Rounds of 9 | Rounds of 10 |
| Sintra                 | 44 m² | 30     | 36      | 18          | 14        | 40       | 21      | 36          | 30           |
| Estoril                | 44m²  | 30     | 36      | 18          | 24        | 40       | 21      | 36          | 30           |
| Cascais I              | 32m²  | 24     | 21      | 18          | 24        | 30       | 15      | 27          | 30           |
| Cascais II             | 42m²  | 30     | 36      | 18          | 24        | 40       | 21      | 36          | 30           |
| Cascais I + Cascais II | 74m²  | 60     | 84      | 36          | 48        | 80       | 39      | 63          | 50           |
| Sintra + Estoril       | 88m²  | 60     | 80      | 36          | 36        | 100      | 27      | 72          | 80           |
| Guincho                | 162m² | 120    | 150     | 60          | 57        | 120      | 45      | 108         | 110          |
|                        |       |        |         |             |           |          |         |             |              |
| Breakout Room          | 52m²  | 30     | 40      | 18          | 24        | 40       | 21      | -           | 30           |
|                        |       |        |         |             |           |          |         |             |              |
| Acqua                  | 56m²  | 21     | 30      | 21          | 20        | -        | 21      | -           | -            |
| Fusion                 | 34m²  | -      | -       | -           | 16        | -        | -       | -           | -            |





FOOD & BEVERAGE





GLASS TERRACE





FLOW POOL BAR





YAKUZA





THE LIVING ROOM

The image shows a sophisticated interior space, likely a hotel lobby or lounge. On the left, a large floor-to-ceiling window with black frames provides a view of a lush, green outdoor area with trees and a building. A tall, dried pampas grass arrangement in a rustic, light-colored ceramic vase stands near the window. The floor is made of large, light-colored tiles. In the center-right, a curved bar counter made of dark, textured stone is the focal point. On the front of the bar, there is a circular logo that reads "THE LIVING ROOM" around a large "R" and "LOBBY BAR" at the bottom. On top of the bar, a glass display case holds several pastries. Behind the bar, a wooden shelving unit holds various items, including a small menu board, a glass cake stand with a dessert, and a collection of glassware. A computer monitor on the bar counter displays the "SHERATON" logo and "Catalina Resort". The lighting is warm and ambient, with pendant lights hanging from the ceiling.





LIFESTYLE





ACTIVE BY SERENITY



SERENITY- THE ART OF WELL BEING





# ACTIVITIES





Horse Riding



Bike Rental



Surf Classes



Wellbeing









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